



**January 2021**

**505 East 4<sup>th</sup> Street | Hills, MN 56138**

**Resident Birthdays**

Lawrence H. 01/21  
 Gert S. 01/24  
 Howard H. 01/24

**Staff Birthdays**

Judy D.N. 01/03  
 Alyssa M. 01/14  
 Brian K. 01/22  
 Austin R. 01/30

**Staff Anniversaries**

Austin R. 1 year  
 Emily B. 2 years  
 Jane B. 2 years  
 Jeanne P. 3 years  
 Jocelyn J. 4 years  
 Angie W. 5 years  
 Val L. 5 years  
 Alyssa M. 7 years  
 Lori R. 7 years  
 Sandy B. 12 years  
 Glenda M. 45 years

Tuff Memorial Home News – Thirteenth Edition  
 By Angie Ryan, DON

What we know about getting the vaccine for Covid-19 for staff and residents- The Minnesota Department of Health has decided to allocate the initial Moderna vaccine against Covid- 19 for long term care staff and residents. The vaccine is given in 2 doses, the 2<sup>nd</sup> dose is given 28 days after the 1<sup>st</sup> injection. The most recent information indicates the vaccine should become effective 6 weeks from the initial dose. Vaccines could start at the end of December at the earliest. Omnicare (which is a part of CVS pharmacy) will be assisting the facility with the vaccination process. In the near future, staff and residents will be able to sign a consent form to get the vaccine. A copy of insurance cards are also required, both front and back. Although there is not a charge for the vaccine, there is a fee for the administration of the vaccine. If a person is uninsured, there is a form to complete and the person will not be charged. Further details will be provided as we are updated with more of the official plan. The impact of the vaccine on visitation of residents has not been determined. The current policy of using the Rock County positivity rate as the guideline for visitation will continue at this time. Major changes in the visitation regulations have not been communicated.

Some facts regarding the COVID-19 vaccine:

- The vaccine does not contain the virus, it is an mRNA vaccine.
- mRNA vaccines take advantage of the process that the cells use to make proteins which triggers an immune response and helps to build immunity.
- A person cannot get COVID-19 from the vaccine.
- mRNA from the vaccine does not affect or interact with a person’s DNA.
- The CDC recommends that people get the vaccine even if they have already had COVID-19, because you can catch it more than once.

For further information on the vaccine, go to [www.cdc.gov/coronavirus/vaccines](http://www.cdc.gov/coronavirus/vaccines)

**Mission Statement**

*The Tuff Memorial Home is a Christian home with a heart. In Christian love, we provide heartfelt quality care to people in a way that contributes to their sense of dignity and self-worth.*



Fran G.



Lawrence H.



Dorothy S.

**Department Heads**

**Administrator** – Eli Ripley  
**Business Office Manager** – Jane Blank  
**Director of Nursing** – Casey Westphal  
**Social Services Professional** – Emily Baatz

**Activity Director** – Jocelyn Jacoby  
**Laundry & Housekeeping Supervisor** – Judy DeNoble  
**Maintenance Supervisor** – Brian Kraayenhof  
**Dietary Manager** – Kelli Hellerud  
**Village Director of Nursing** – Bonita Zschetsche, RN

# SPECIAL ACTIVITIES FOR JANUARY

## **1/6- Music Bingo at 2:00p.m.**

- *Residents listen to short clips of a song then have to match it to their bingo card.*

## **1/15 – Tattoo Parlor at 2:00 p.m.**

- *A new trend going around nursing homes is a tattoo parlor where residents get fake tattoos.*

## **1/ 20- Minute To Win It at 2:00 p.m.**

- *Residents will be given different activities to accomplish in under a minute.*

## **1/22- Movie and Popcorn at 2:00 p.m.**

- *Residents will pick out a movie to watch in the chapel while enjoying fresh popped popcorn!*

## **1/28 – Traveling Country Store at 2:00p.m.**

- *We need country store donations please! Residents enjoy large print word searches, lotions, mini pop, little Debbie snacks, tooth brushes and toothpaste, combs, mini mirrors, and valentines day décor.*

## Visitation Stations

We are introducing a different version of our window visit at the Tuff Home. In our north entry way, we have installed a two way speaker system that allows you to speak to your loved one through the glass. This allows families to be out of the elements and still do a window visit! We will be scheduling one resident at a time for a 45 minute visit. This will allow for staff to disinfect in between visits for everyone's protection. The visits will start Monday December 21st. The Tuff Village will be working on creating a safe visiting set up soon. Families will be notified when it is ready! Our goal is to offer this every day of the week. Please call the home to schedule a time to do an entryway visit. Due to high demand during the upcoming holidays there will be a limit to one visit per day for each resident, so every resident has a chance for a visit.



## **ACTIVITY** **PROFESSIONALS WEEK** **JANUARY 24 -30**

Activity Professionals Inspire, Engage and Enrich is the theme for Activity Professionals Week.

Everyday, the activity staff inspire, engage and enrich the lives of those they serve throughout the year as they promote the well being of the residents. The staff at the Tuff Memorial Home consists of Jocelyn Jacoby, Activity Director, Glenda McGaffee, Jeanne Prekker and Joanna Stroeh. Bev Schouwenburg works in the Activity Department at the Tuff Village.



Pictured Above: Glenda, Jeanne, Bev, Jocelyn, and Joanna

## RESIDENT OF THE MONTH:

### Penny Wiese

Penny, 96 years of age was born November 5, 1924 in Toronto, S.D. and has been a resident of Tuff since February, 2020. Her family consists of four children: one daughter JoAnn George, Apple Valley, MN. and three sons Randy – Sioux Center, IA., Richard – Currie, MN. and Gary – Yuba City, CA. Her favorite time of year is spring and hobbies include dancing and listening to music. Her favorite food is steak and favorite activity in the nursing home is listening to the player piano. Her words of wisdom “Do unto others as you would have them do unto you.



## Glenda McGaffee Celebrates her 45<sup>th</sup> Anniversary

January 1976 Glenda received a phone call from her neighbor Judy Jacobson, encouraging her to apply for an opening in the Activities Department assisting residents with arts and crafts in the Tuff Memorial Home. In the past 45 years McGaffee's job changed from activities, secretary/bookkeeper, social services and back to activities. She has worked under several different administrators. One of the biggest changes she has seen is in technology. “When I started in 1976 we had an electric typewriter and to correct our mistakes would put a correction tape in the typewriter. I also used the old mimeograph machines to make copies. What a different world it is now with computers and copiers.”

She said, “If you can make the residents day brighter and put a smile on their face then you've done your job.” Part of that commitment comes from the time her own mother, Henrietta Wassenaar, spent living in the nursing home. “It occurred to me that we should think of all the residents as if they're our parents or grandparents. They become your family and you become their family. Especially this past year with Covid-19 we mostly the only contact residents have with the outside world.”



# TUFF VILLAGE NEWS

301 County Road 6 | Hills, MN 56138  
(507) 962-3500

## Resident Birthdays

Lois N. 01/02  
Tootie J. 01/14  
John B. 01/15  
Myrna S. 01/20

## Staff Birthdays

Shannon J. 01/12  
Darcy O. 01/23

## Staff Anniversaries

Wanda C. 6 years  
Lorretta G. 9 years  
Jill Y. 14 years

## Welcome new Director of Nurses at Tuff Village

### *Bonnie Zschetzsche*

Bonnie is the new Director of Nurses and began her duties December 1, 2020. She was born at Canton/Inwood Hospital to Bernie and Kathleen (Oostra) Jacobsma and lived in the Inwood, Iowa area until first grade when she moved with her family to Luverne. She has seven living siblings, two sisters and five brothers (one brother died at the young age of 16.) Her father passed away in 2018 and her mother lives in Luverne. In 1991, Bonnie graduated with a bachelor's degree in nursing from SDSU. Previously she has been employed in hospitals in Jackson, MN., Spencer, Iowa and Madison, S.D. and the Mary Jane Brown Home in Luverne and the Tuff Memorial Home. 2012 she met the love of her life Michael and after marriage lived on a farm near Sleepy Eye, MN. In October, 2018 the couple moved to Hills. Michael passed away November, 2019 from metastatic cancer. Her hobbies include adult coloring, crocheting and walking her dog Daisy Mae. Goals in her new position include working with staff and tenants to make it their home and family oriented especially after the COVID virus is under control. She said, "I want to be like the previous DON and learn more of the responsibilities for making and knowing needs."

### Mission Statement

*It is the mission of the Tuff Village to meet the changing needs of the elderly and disabled populations as they face disability, financial hardship, chronic conditions, the need for medical support, and the need for social support.*





**Happy New Year!!!** The year 2020 is over, and not a moment too soon. Bid it a not-too-fond farewell, open up to a blank page in your crisp, new daily planner and go to work making sure 2021 starts off in good spirits. It's said that how you begin your January 1 sets the tone for the rest of the year. By making one small change in your day, you'll soon find that you feel healthier, happier, and ready for anything. If your sweeping resolutions (Slash sugar! Exercise every day! etc....) never stick, here's a thought for you: Are you biting off more than you can chew? Smaller, more attainable goals add up to create a big impact. No matter how you want to start 2021, the day is yours!

### January Highlights

- 1- New Year's Day
- 5,12,19, & 26 Bible Study
- 5-Lois's Birthday Party 🎂
- 7-Tenant Council
- 12-Card Making
- 12-Manicures
- 14-Tooties's Birthday Party 🎂
- 19-Johns's Birthday Party 🎂  
21-Myrna's Birthday Party
- 28-Music with Glenda

## Tenant of the Month is

### *Lois Nelson*

Lois was born January 2 and has been a tenant of the Village since June, 216. Her family consists of three children; Bruce – Minneapolis, Vicki – Mankato and Gail- Charleston, South Carolina. Her favorite time of year is Spring and hobbies include gardening, walking the halls of the Village for exercise and music. Her past accomplishments are being a teacher for one year in Ellsworth and the remainder of teaching career at Hills-Beaver Creek. She taught music and science, member of the Hills Legion Auxiliary for 46 years, choir director and organist at the Bethlehem Lutheran Church in Hills, playing the French Horn with the Sioux Falls Municipal Band for 22 years and playing Taps for military funeral. Her bugle is on display in the Herreid Military Museum in Luverne. Her favorite food is salads and fruit. Her words of wisdom "Live one day at a time."



## Auld Lang Syne

Should old acquaintance be forgot,  
And never brought to mind?  
Should old acquaintance be forgot,  
And auld lang syne?

For auld lang syne, my dear,  
For auld lang syne,  
We'll take a cup of kindness yet,  
For auld lang syne.